

Dear UA 725 Member and Family:

We are pleased to announce an enhancement to our current benefit plan. Beginning **October 1st, 2023**, Ulliance will begin providing the new **Life Advisor Member Assistance Program (MAP)**. At **MCASF Local 725 Health & Welfare Trust Fund**, we recognize that our members are our most valuable asset, and that an investment in your well-being is a sound investment for everyone. By partnering with the Ulliance program, we are ensuring that the best possible services are available to you and your family.

The Ulliance Life Advisor Member Assistance Program is designed to help members and/or covered dependents cope with the many personal/work challenges that we all encounter from time to time. For example, you might need assistance managing stress or depression, learning new parenting skills, or finding a nursing home for a loved one. Ulliance provides many services to meet your needs, which include short-term counseling, coaching, crisis intervention, and community resources.

Other examples of areas of assistance include:

- Relationship and family concerns
- Death of a loved one
- Stress, anxiety and depression
- Substance abuse
- Eldercare or childcare referrals
- Financial or legal referrals

The Ulliance Life Advisor Member Assistance Program is **confidential, and no cost** to members, spouses, or covered dependents. To access services, including 24/7 crisis assistance, please call **800.448.8326**.

Again, Ulliance Life Advisor MAP services begin **October 1st, 2023**. An overview of services included in the Ulliance program is enclosed as well as a wallet card.

It is our hope that you and your dependents take advantage of the services the Life Advisor MAP has to offer.

Sincerely,
Board of Trustees
MCASF Local 725 Health & Welfare Fund



Ulliance

LOCAL UNION 725 LIFE ADVISOR MAP

No cost and completely confidential

The Ulliance Life Advisor MAP is part of your benefits package and offers total well-being services to you, spouse and dependents under the age of 27. This is a free and totally confidential service. Call today!



Counseling

Short-term, solution-focused counseling is available for stress, relationship issues, substance use, grief/loss, and other work-life challenges. Choose in-person, video, or phone sessions with a nearby counselor for individuals, families, or couples.



Coaching

Life Advisor Coaches offer telephonic or video support for individual life enhancement goals, such as education, career advancement, financial or self improvement goals.



Well-being Portal

Anytime access to articles, resources, healthy-living tips, webinars as well as our orientation videos.



Legal & Financial Consultations

Ulliance professionals can connect members with resources to assist with legal and financial issues.



Crisis Support

Mental health professionals are available by phone 24/7/365.



Referrals

Consultants provide recommendations for resources within the community.



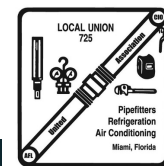
Identity Theft Program

This free identity theft program includes dark web monitoring, lost wallet service, fraud restoration support, & an online informational hub for members & up to four additional family emails, phone numbers, & bank accounts to prevent identity theft.



Work/Life Materials

Information on a wide range of work-life balance topics are easily accessed through the MAP portal such as —webinars, videos & PDFs.



LifeAdvisor.com | 800.448.8326

SCAN ME

Ulliance Life Advisor Well-being Portal Login:

www.LifeAdvisor.com

FIRST TIME LOGGING IN?



Life Advisor Well-being

Let's get you connected!

Your company/organization/union name

Your company/organization/union city

Verify my company/organization/union

Enter your:

- Union Name
- Union City
- Click Verify

You will land on a screen with your Union LOGO:



ABC Union Logo

Life Advisor Well-being

Welcome!
Bookmark this company page for quicker access!
Please use your company or personal account to continue.

Use my personal EAP account
 Use my company EAP account

Your company/organization/union name

Your company/organization/union city

Sign Me In

Select:

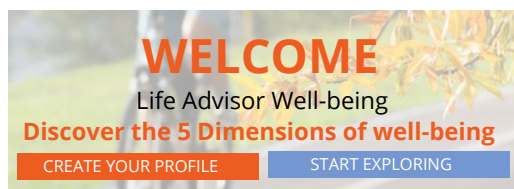
- Use my Union **MAP Account**

Re-enter your:

- Union Name
- Union City
- **CLICK ► SIGN ME IN**

Create your profile

To access the FULLY ENHANCED features for an interactive experience.



Create your Profile

Be sure to enter your legal first and last name for quicker access!

First Name* John

Last Name* Smith

Email* jsmith@mmma.com

User Name jsmith@mmma.com

DOB* 11/23/1987

REGISTER

Enter your:

- First Name
- Last Name
- Date of Birth
- Email Address
- Click **REGISTER**

Your email address will auto-fill as your Username and a password will be sent to the email you provided.

Ulliance
Enhancing People. Improving Business.

Call us—
we're here to help...
800.448.8326

Login Today!




SCAN ME




Ulliance

Enhancing **People**. Improving **Business**.

LEGAL & FINANCIAL ADVICE—YOU CAN TRUST !



CONSULTATION
Up to 30 minutes per topic with a local plan attorney. 25% discount on plan attorney rates for services beyond consultation.




CREDIT COUNSELING
Telephonic financial consultation up to 30 minutes. Credit repair. Find possible causes and solutions to your credit issues.




DOCUMENT REVIEW
Review of legal document (6 pages or less), 25% discount on plan attorney hourly rates for documents over six pages.




DEBT MANAGEMENT
Telephonic financial consultation up to 30 minutes. Explore options for consolidating and paying off debt.




DISPUTE RESOLUTION
A letter/phone call from the plan attorney to the opposing party at no charge for simple disputes (when deemed applicable).



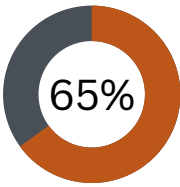
FINANCIAL EDUCATION
Thirty minutes with a Financial Planner for initial consultation, in-office or telephonic. 15% off fees beyond initial consult.



WILLS
Preparation of a simple will for member and spouse. A simple will is defined by attorney and the state in which you reside.



BUDGETING
Get on track with a 30-minute telephonic consultation. Develop a plan for your personal or family budget.



65 percent of adults say that money is a significant source of stress. **Take action today!**

To access these benefits, call your Life Advisor MAP for more information: **800.448.8326**